

WEST SUSSEX COUNTY COUNCIL
SOUTHBOURNE JUNIOR SCHOOL

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Dear Parents and Carers,

Thank you very much for your contributions to the PSHE parent consultation survey, following a reminder last week, 80 families took part, thank you to everyone who shared their views!

Parents highlighted Hurtful Behaviours/Anti-Bullying and Healthy Relationships as the most important topics, followed closely by Mental Health and Keeping Safe. Other areas, such as Growing and Changing, Physical Health, and Media Influence, are also valued to support your child's overall development. We will continue to focus on these priorities while covering the full PSHE curriculum to ensure your child gains the skills, knowledge, and confidence they need for life.

When asked which topics parents feel least confident discussing with their child, Media Influence, Mental Health, and Growing and Changing were identified most often. This highlights these areas as priorities within our curriculum, as well as areas where we can provide additional guidance for parents.

Parents were also asked to share any other comments relating to our PSHE offer, this feedback about the school's PSHE curriculum was very positive. Many parents shared that they value the wide range of topics covered and feel the curriculum reflects the needs of children growing up in today's society. Several parents commented that PSHE lessons support children's wellbeing, help them think about relationships and safety, and encourage open discussions at home. Parents also recognised the challenge of covering a wide range of topics within limited curriculum time.

A number of parents highlighted particular areas they feel are especially important, including mental health, relationships, some parents also suggested further focus on managing technology and social media use, reflecting the increasing role of digital devices in children's lives.

Several parents expressed interest in greater communication about what is being taught and when, so they can continue conversations at home. Suggestions included sharing materials, guidance, or discussion prompts with parents. In response, our next PSHE newsletter will clearly signpost the information already available on our website, where parents can see the topics covered in each year group and access resources to support learning at home. We will also explore opportunities for specialist visitors to provide additional insight for parents on areas such as online safety and drug awareness.

During the remainder of the school year, we will be updating our PSHE curriculum in preparation for the statutory changes coming into effect in September 2026, ensuring that your views are taken into account. We look forward to sharing the updated documentation with you later in the summer term and will provide clear guidance on accessing the revised information on our website closer to the time.

Thank you for your continued support- your feedback helps us make PSHE even better for our children!

Miss Lowrey
Deputy Headteacher

