

# Year 6 Autumn 1 *How healthy are we?*



## English

*What is a National Park?*  
Writing to inform about Britain's National Parks, focusing on correct sentence structures and punctuation.

### Poetry of place

Writing to entertain, considering careful use of specific vocabulary

### Spooky stories!

Writing to entertain, focusing on creating tension.

## Science

*How can I look after my heart?*

In science the children will be investigating healthy lifestyles such as diet and the importance of regular exercise. We will also be identifying & naming the main parts of the human circulatory system, as well as describing the functions of the heart, blood vessels & blood.

## Geography

*Who are Britain's national parks for?*

Children will be locating the various national parks around the UK as well as describing them. They will explore why these parks are important, what their characteristics are and how they are looked after, learning about jobs within National Parks.

## Maths

Multiples of 1000  
Numbers to 10,000,000  
Multiplication and division  
Daily arithmetic practice.

## PSHE

*How can we keep healthy as we grow?*

The children will focus on well being and how to maintain a healthy lifestyle by making healthy choices, looking at drugs, diet and exercise. They will think about choices as they become more independent and responsible.

## RE

*How do Muslims follow their faith?*

The children will learn about how people express their belief and faith as individuals and societies, and the cultural traditions which are an expression of collective belief.

## Art

*How do artists interpret landscapes?*  
(Drawing)

Different interpretations of the countryside.

## Music

*What are chords in music and how do they harmonise a song?*  
Musical focus: harmony and recall of sound.

## Computing

*How can Oliver keep his sheep safe?*

Microbits  
Computational thinking  
Coding/Programming  
We will be using 'Microbits to create a working sensor.

## PE

Tag rugby  
Dodgeball

## French

*What is your favourite food?*  
The children will continue with extending their vocabulary, focusing on healthy and unhealthy food and likes and dislikes.