

April 2023

SEND and Inclusion Newsletter



Welcome back, we have an exciting summer term ahead! I am always on the lookout for inclusive events happening in our area which our families may enjoy. The Novium Museum is offering 'relaxed sessions' at its new exhibition The Magic of Middle-earth. These are aimed at people with autism and other needs. There will be limited numbers and background sound (including Smaug the animatronic dragon) will be turned off for the duration of this session.



www.thenovium.org/middleearthSEN

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How are parent carers involved with their child's learning at Southbourne Juniors?

At Southbourne Junior School we value the partnership we have with parent carers. There are regular opportunities to discuss your child's progress, the support they receive and plan for their future:

- Parent Consultation Evenings - parent carers have the option of an individual meeting with the classteacher, a joint meeting with SENDCo and class teacher or arranging separate 1:1 meetings with the SENDCo and class teacher. If a child is on the SEN Register, you will be shown their Learning Passport to discuss their support.
- Informal 'catch ups' before and after school: class teachers and members of the school leadership team are available at this time.
- Class teachers or the SENDCo may contact a parent carer to arrange additional meetings throughout the year to discuss their child's support and its impact.
- Parent carers can also arrange additional meetings with class teachers and the SENDCo by contacting the school office.
- The end of year report also gives details of your child's progress and attainment across the curriculum.

Parent carers of pupils on the SEN register are also involved in planning for their child's education by returning their contribution to their child's Learning Passport, sent out 3 times each year. Parent carers of pupils with an EHCP will also be invited to contribute towards and attend an annual review.

How will you help me to support my child's learning?

Throughout the year we hold workshops and meetings for parent carers focussed on how children learn in school and how you can support them at home. Strategies for you to support at home can be discussed during Parent Consultations or informally with class teachers. The SENDCo provides a monthly 'SEND and Inclusion Newsletter', which focuses on how parent carers can support their child. The SENDCo is also available to meet with you to discuss how to support your child, please make an appointment via the school office. If outside agencies have been involved, suggestions and programmes of study are sometimes provided for use at home.

Can Parent Carers get help and advice for supporting their child outside of school?

There are multiple local groups supporting parent carers of pupils with SEND. I have had multiple recommendations for the 'Emsworth SEN support' Facebook Group. Contact details of other support agencies are provided on the next page.

Parenting support

- Parent Carers can text the **School Nursing Team** on 07480635424 for confidential advice and support on a wide range of issues:
Behaviour
Continence
Emotional health
Self-harm
Sleep
Minor accidents and illnesses
- If you live in West Sussex you can get support via the local **Early Help Hub**
Email: WSChildrensServices@westsussex.gov.uk Tel: 01403 229900
- If you live in Hampshire, you can access the **Barnardos Specialist Parenting Support Service**,
www.barnardos.org.uk/what-we-do/services/hampshire-specialist-parenting-support-service

Mental Wellbeing and Behaviour

- On **Monday 22nd May at 3.30**, you are invited to a parent carer workshop on the Zones of Regulation, helping you to talk to your child about their emotions and the regulation strategies which work for them.
- The **Anna Freud Centre** provides excellent resources under the 'Mentally Healthy Schools' project. You can find 2 animated videos explaining neurodiversity here:
www.mentallyhealthyschools.org.uk/resources/what-is-neurodiversity-videos-for-children/
- **MIND** run a free, online course for parents, family members or professionals who work with children called '**Understanding Behaviour of Children and Young People**'. The course explores various types of challenging behaviour seen across different age ranges, causes of behavioural issues and suggests how best to respond to them.
To self register please visit www.cwsmind.melearning.university/user/self_register

Special Educational Needs and Disabilities

- West Sussex SEND Information, Advice and Support Service. (**SENDIAS**) Helpline: 0845 075 1008
- The West Sussex Parent Carer Forum (WSPCF) offers support and advice for parents of children with Special Educational Needs and Disabilities. www.wspcf.org.uk
Tel: 01903 726188 Email: parent.partnership@westsussex.gov.uk
- **ASPENS** is an organisation providing support to individuals on the autism spectrum and with learning disabilities. Families can access support here: www.aspens.org.uk/family-support
- The **ADHD Foundation** has a wide range of resources to help families talk about different neurodiversity, including ADHD. www.adhdfoundation.org.uk/resources/
- **The British Dyslexia Association (BDA)** provides parent carers with information and resources to support their child with dyslexia and dyscalculia. www.bdadyslexia.org.uk/dyslexia
- **Parents And Carers Support Organisation (PACSO)** is a local charity that supports children with disabilities aged 0-25 and their families in the Chichester and Arun districts of West Sussex. They offer a range of respite activities and fun events for the whole family to enjoy.
Tel: 01243 533353 Email: admin@pacso.org.uk
www.pacso.org.uk

