



PE Curriculum Map

Y3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Real PE					
	Coordination: Footwork (FUNS 10) Static Balance: One Leg (FUNS 1)	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) Static Balance: Seated (FUNS 2)	Dynamic Balance: On a Line (FUNS 5) Coordination: Ball Skills (FUNS 9)	Coordination: Sending & Receiving (FUNS 8) Counter Balance: With a Partner (FUNS 7)	Agility: Reaction / Response (FUNS 12) Static Balance: Floor Work (FUNS 3)	Agility: Ball Chasing (FUNS 11) Static Balance: Stance (FUNS 4)
Multi-Ability	Personal	Social	Cognitive	Creative	Physical	Health & Fitness
Lesson 2	Sport Focus					
Sports	Football	OAA	Dance	Basketball	Rounders	Athletics
	- use basic control skills, including sending and receiving. - send the ball with some accuracy to maintain possession. - implement the basic rules of football.	- work with others to solve problems. - describe their work and use different strategies to solve problems. - lead others and be led. - differentiate between when a task is competitive and when it is collaborative.	- practise different sections of a dance aiming to put together a performance. - perform using facial expression. - perform with a prop	- perform different basketball skills.. - build attacking and defensive play. - implement some basic rules of basketball.	- play simple rounders games. - apply some rules to games. - develop and use simple rounders skills.	- control movements and body actions. - demonstrate agility and speed. - jump for height and distance with control and balance, - throw with speed and power and apply appropriate force.

Y4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Real PE					
	Coordination: Footwork (FUNS 10) Static Balance: One Leg (FUNS 1)	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) Static Balance: Seated (FUNS 2)	Dynamic Balance: On a Line (FUNS 5) Coordination: Ball Skills (FUNS 9) Swimming	Coordination: Sending & Receiving (FUNS 8) Counter Balance: With a Partner (FUNS 7) Swimming	Agility: Reaction / Response (FUNS 12) Static Balance: Floor Work (FUNS 3)	Agility: Ball Chasing (FUNS 11) Static Balance: Stance (FUNS 4)
Multi-Ability	Personal	Social	Cognitive	Creative	Physical	Health & Fitness
Lesson 2	Sport Focus					

	Rugby	OAA	Dance	Hockey	Cricket	Athletics
Sports	<ul style="list-style-type: none"> - consistently perform tag rugby skills. - implement rules and develop tactics in competitive situations. - increase speed and build endurance during gameplay. 	<ul style="list-style-type: none"> - work well in a team or group within defined and understood rules. - plan and refine strategies to solve problems. - identify the relevance of and use maps, compass and symbols. - identify what they do well and suggest what they could do to improve. 	<ul style="list-style-type: none"> - work to include freeze-frames in routines. - practise and perform a variety of different formations in dance. - develop a dance to perform as a group with a set starting position. 	<ul style="list-style-type: none"> - consistently perform basic hockey skills. - implement the basic rules of hockey. - develop tactics and apply them in competitive situations. - increase speed and endurance during gameplay. 	<ul style="list-style-type: none"> - develop the range of cricket skills they can apply in a competitive context. - choose and use a range of simple tactics in isolation and in a game context. - consolidate existing skills and apply with consistency. 	<ul style="list-style-type: none"> - investigate in small groups, ways or performing running, jumping and throwing activities. - use a variety of equipment to complete different styles of runs, throws and jumps.

Y5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Real PE					
	Coordination: Ball Skills (FUNS 9) Agility: Reaction / Response (FUNS 12) Swimming	Static Balance: Seated (FUNS 2) Static Balance: Floor Work (FUNS 3) Swimming	Dynamic Balance: On a Line (FUNS 5) Counter Balance: With a Partner (FUNS 7)	Static Balance: One Leg (FUNS 1) Dynamic Balance to Agility: Jumping and Landing (FUNS 6)	Static Balance: Stance (FUNS 4) Coordination: Footwork (FUNS 10)	Agility: Ball Chasing (FUNS 11) Coordination: Sending & Receiving (FUNS 8)
Multi-Ability	Cognitive	Creative	Social	Applying Physical	Health & Fitness	Personal
Lesson 2	Sport Focused					
	Football	OAA	Dance	Basketball	Rounders	Athletics
Sports	<ul style="list-style-type: none"> - play effectively in a variety of positions. - relate a greater number of attacking and defensive tactics to gameplay. - become more skilful when performing movements at speed. 	<ul style="list-style-type: none"> - explore ways of communicating in a range of challenging activities. - navigate and solve problems from memory. - develop and use trust to complete the task and perform under pressure.. 	<ul style="list-style-type: none"> - perform different styles of dance fluently and clearly. - refine and adapt dances. - work collaboratively in groups to compose dances. - recognise and comment on dances. 	<ul style="list-style-type: none"> - use strength, agility and coordination when defending. - increase power and strength of passes, moving the ball accurately. - select and apply a range of tactics. 	<ul style="list-style-type: none"> - link together a range of skills and use them in combination. - collaborate with a team to choose, use and adapt rules in games. - recognise how some aspects of fitness apply to rounders. 	<ul style="list-style-type: none"> - sustain pace over short and long distances. - be able to run as part of a relay team. - perform a range of jumps and throws.



Y6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Real PE					
	Coordination: Ball Skills (FUNS 9) Agility: Reaction / Response (FUNS 12)	Static Balance: Seated (FUNS 2) Static Balance: Floor Work (FUNS 3)	Dynamic Balance: On a Line (FUNS 5) Counter Balance: With a Partner (FUNS 7)	Static Balance: One Leg (FUNS 1) Dynamic Balance to Agility: Jumping and Landing (FUNS 6)	Static Balance: Stance (FUNS 4) Coordination: Footwork (FUNS 10)	Agility: Ball Chasing (FUNS 11) Coordination: Sending & Receiving (FUNS 8)
Multi-Ability	Cognitive	Creative	Social	Applying Physical	Health & Fitness	Personal
Lesson 2	Sport Focused					
	Rugby	Football (OAA Completed During Residential)	Dance	Hockey	Cricket	Athletics
Sports	<ul style="list-style-type: none"> - choose and implement a range of strategies to attack and defend. - combine and perform more complex skills at speed. - observe, recognise and analyse good team and individual performances. - suggest, plan and lead a warm-up as a small group. 	<ul style="list-style-type: none"> - choose and implement a range of strategies to attack and defend. - combine and perform more complex skills at speed. - observe, recognise and analyse good team and individual performances. - suggest, plan and lead a warm-up as a small group. 	<ul style="list-style-type: none"> - work collaboratively to include more complex compositional ideas. - develop motifs and incorporate into self-composed dances as individuals, pairs and groups. - talk about different styles of dance with understanding. 	<ul style="list-style-type: none"> - choose and implement a range of strategies to attack and defend. - combine and perform more complex skills at speed. - observe, recognise and analyse good team and individual performances. - suggest, plan and lead a warm-up as a small group. 	<ul style="list-style-type: none"> - apply with consistency standard cricket rules. - attempt a small range of shots in isolation and during gameplay. - use a range of tactics for attacking and defending in the role of batter, bowler and fielder. 	<ul style="list-style-type: none"> - become confident and expert in a range of techniques. - apply strength and flexibility to a broad range of throwing, running and jumping activities. - work in collaboration and demonstrate improvement. - accurately and confidently record results across a variety of activities.